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## Orange Buttermilk Smoothie

**Prep Time:** 10 minutes

**Ingredients:**

2 cups chilled fresh buttermilk  
2 cups chilled orange juice  
1 tablespoon lemon juice  
1/3 cup sugar

**Kitchen Equipment Needed:**

medium sized pitcher  
glasses for serving

**Instructions:**

Step 1: In a pitcher, stir the fresh buttermilk and orange juice together briskly with a whisk.

Step 2: Add lemon juice and sugar. Stir until dissolved and slightly frothy, a few minutes.

Step 3: Serve in tall glasses.  
Makes 4 (8 ounce) servings.

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